

# Veronika Jana Lubert

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## Education

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**University of Vienna, Austria**  
07/2019 – present Doctoral studies in Psychology  
Topic: *Choking Interventions in the Performing Arts: Mechanisms and Effectiveness* (Supervisor: PD Dr. Peter Gröpel)  
03/2017 – 06/2019 Master of Science in Psychology  
Thesis: *Pre-Performance Routines for Music Students: An Intervention Study* (Supervisor: PD Dr. Peter Gröpel)  
10/2012 – 01/2016 Bachelor of Science in Psychology  
**Anton Bruckner Private University, Linz, Austria**  
10/2012 – 02/2017 Bachelor of Arts in Violin Performance  
**University of Melbourne and Melbourne Conservatorium of Music, Melbourne, Australia**  
07/2014 – 12/2014 Non-EU Student Exchange Scholarship  
Bachelor's program – Psychology, Violin Performance

## Professional Experience

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**University of Vienna,**  
**Department of Occupational, Economic, and Social Psychology**  
10/2019 – present University Assistant (Praedoc)  
10/2017 – 06/2019 Student Research Assistant to Univ.-Prof. Dr. Arnd Florack  
**Life Coaching in Training and Under Supervision**  
10/2019 – present Psychological Coaching – Certification, Masterclass, and Supervision  
Dr. Vera Popper and Mag. Christine Hoffmann  
07/2021 Certification Process- and Embodiment-Oriented Psychology (PEP I-III)  
Dr. Michael Bohne  
**University of Music and Performing Arts Vienna, Austria**  
10/2018 – present Member of ProArte Orchestra (1<sup>st</sup> violin)  
**Medical University Vienna, Department of Pediatrics and Adolescent Medicine**  
06/2019 – 09/2019 Project team member (“SIM Training”)  
**Orchestre de Picardie, France**  
12/2018 Internship (1<sup>st</sup> violin) with ONE – Orchestra Network for Europe

## Scholarships and Grants

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10/2019 – present    Uni:docs Fellowship, University of Vienna  
01/2019, 01/2018,  
and 01/2016        Achievement Scholarships, University of Vienna  
07/2018            Research Grant (EUR 2000,-) for master's project, University of Vienna  
08/2016 – 12/2016    MusXchange – Exchange Program of the European Union:  
Scholarship with Orchestre Français des Jeunes (1<sup>st</sup> violin), France/Italy

## Professional Affiliations

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2018 – present        German Society of Musicians' Psychology  
2013 – present        German Society of Music Psychology

## Research Qualifications

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Technical Skills        MS Office, IBM SPSS Statistics, R, Stata, Eye tracking (SMI, Eyelink, Tobii),  
Unipark, Adobe Photoshop  
Language Skills        German (mother tongue), English (fluent), French (proficient)

## References

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Ass.-Prof. Dr. Peter Gröpel  
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Center of Sport Science  
University of Vienna  
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